



Week of Apr 1st, 2024

[Training Schedule \(Updated 4/2/24\)](#)

Changes highlighted in Blue

[Sharks Pool Locations](#)

Practice Changes This Week

Tue 4/2, Wed 4/3 & Thu 4/4:

Sr 2 & Sr Perf back to Clear Springs High School

Sr Perf: 4:45pm-7pm

Sr 2: 6:30pm-8:15pm

Fri 4/5:

No Pre-Team, Exploratory, Expl Adv 1/2, Challenge, Sr 1 or Sr 2
(Coaches clinic)

FHS: Sr 3 & Senior Perf: 4:45pm-6:45pm

Sat 4/6: Stevenson

Sr 3, Sr Perf & Sr 2 Invites: 7am-9am

Challenge, Sr 2, Expl Adv 2: 9am-11am

NO PRACTICE DISCOVERY ADVANCE or EXPLORATORY
(Coaches clinic)

Coaches Corner:

Coach Mark (Sr Perf & Sr 2) [HERE](#)

Coach Kate's Comments (Sr 3 & Exploratory) [HERE](#)

Coach Tim's Tidbits (Challenge & Exploratory Advance) [HERE](#)

Coach Chris's Chronicles (Sr 1 & Exploratory Advance 2) [HERE](#)

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) [HERE](#)

Billing/Admin

Please note: Updated email address for contacting Admin -

sharksswimclub@yahoo.com

Upcoming Events

It's Great To Be A Shark!

Thu Apr 4th—Senior 2 Parent Meeting

Clear Springs High School Pool

7:30pm

Apr 7th—Sharks End of Short Course Banquet

Bay Area Community Center

Help us celebrate the summer LCM & SCY success of all of our swimmers! Full details & photo submission for the slide show on the event.

3pm-6pm—Exploratory & Up groups. RSVP Now (be sure to include how many additional tickets for parents)

Volunteer signup [HERE](#)

(Cost \$20-\$25 per ticket—includes dinner)

Apr 13th—Swim-A-Thon—FHS 9am-1pm

Apr 14—Gulf Open Water Qualifier—Lake

Longhorn, League City

Opt in by Mar 29 Final Entries [HERE](#)

No changes after April 1 @ 9pm

Apr 19-21st FCST LCM Invite—Don Cook

Natorium Opt out by March 29

Preliminary entries [HERE](#) Final Entries Apr 8

No changes after Apr 10 @ 5pm

Apr 20—SPA Developmental Meet

Opt out by Apr 1—Preliminary Entries [HERE](#)

Final Entries Apr 8 No changes after Apr 10 @ 5pm

May 17-19—Fleet LCM Invite—Cy Fair Swim Club

Opt out by Apr 19 Preliminary Entries Apr 22

Final Entries Apr 29 no changes after May 1 @ 5pm

May 18-19-SPA Developmental Meet

Opt out by April 22 Preliminary Entries April 23

Final Entries April 30 No changes after May 3 @ 5pm

May 30-June 3—Duel in the Pool—Indianapolis

Qualifying swimmers

Application [HERE](#)

May 31-June 2—TWST LCM Invite

Opt out by May 6 Preliminary Entries May 7

Final entries May 14 no changes after May 17 @ 5pm

Jun 21-23—FCST Prelim/Final Meet

3 day prelim/final meet

opt out by May 27, Preliminary entries May 28

Final entries June 4, no changes after June 7 @ 5pm

Jul 12-14—Gulf Age Group Champs

Qualifying swimmers

Jul 12-14—Gulf Senior Champs

Qualifying swimmers

Jul 20-21—Gulf B & Under Champs

Jul 24-27—Southern Senior Zones—Team

Travel for qualifying swimmers (West Virginia)

Register & Pay deposit [HERE](#)

[Letter from Board 4/2/24](#) [HERE](#)

Competitive groups Banquet—Volunteers needed (long course hours) Signup under event. Jobs available for during the event and at home washing table cloths after). Signup [HERE](#)

Travel Trip Escrow Option—if you are interested in setting aside money for summer travel trip/competitions (senior zones etc) please reach out to billing@sharks-swim-club.org to set up the additional charge to your account. If the funds are not used the money will be refunded.

Sharks Team Swim-A-Thon April 13th from 7:45am-1pm at Friendswood High School.

Sign up for a swimming slot [HERE](#)

Flyer [HERE](#)

Ready to donate??? It's easy....scan the QR code and donate NOW!



(qr code also hyperlinked)

Thank you to everyone for your generous donations!

During our first week we raised: **\$4,300!!!!**

Please donate to help us reach our \$20,000 goal!

Exploratory Advance 1 raised the most money the first week!

Swim Fit: \$287.69

Discovery Pre-Team: \$152.53

Discovery Advance: \$343.31

Exploratory: \$527.68

Exploratory Advance 1: \$1,259.62

Exploratory Advance 2: \$329.56

Challenge: \$51.52

Sr 1: \$0

Sr 2: \$0

Sr 3: \$103.04

Sr Perf: \$0

Top Earners:

Swim Fit/Disc/Expl: Kayla Fox

Expl Adv/Challenge: Estella Trevino

Sr: Kathryn & Daniel Dickamore

Don't want to use paypal, come donate via credit card outside of the Natatorium.

A special thank you to the **Sharks Swim Club** including coaches Tim Hill, Kate Zabler, and Chris Sustala and swim mom Laura for putting together a great event with back-to-back Nutrition & Mindset workshops. From parents to teenage athletes to tiny 8-9-year olds (who were great at creating their meal plan and completing their athlete's workbook!), your wonderful energy and lots of questions contributed to the wonderful learning environment we shared. I look forward to seeing everyone again next month for the Mental Health module.



Sharks Swap & Sell Facebook Page—New page to post, must be active members to join. You can list items for sale or swap. [HERE](#) **(Lost & Found pics will also be included here)**

Parent Reps for the 2023-2024 Season

Parent rep contacts for each group can be found [HERE](#)

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Parent Rep Contacts by group: [HERE](#)

Team Records:

[Short Course Yards](#)

[Long Course Meters](#)



April

Age-Date

Eleanor Hoff	7 - 4th
Gabriel Maher	11 - 6th
Crosby Pinkoski	14 - 8th
Andrew Badalamenti	6 - 9th
Abigail Nipper	12 - 12th
Ceara Roselin	9 - 13th
Dylan Haver	16 - 14th
Leon Foley	9 - 15th
Lolo Studebaker	14 - 16th
Selim Mahmoud	16 - 18th
Daniel Dickamore	16 - 18th
Bella Evans	11 - 19th
JP Esbeck	9 - 20th
Imina Ekhaese	17 - 24th