

Week of Apr 22nd, 2024

Training Schedule (Updated 4/2/24)

Changes highlighted in Blue

Sharks Pool Locations

Springs is closed & FHS will close earlier than anticipated

<u>Practice Changes This Week (ONLY CHANGES ARE NOTED)</u>

Tue 4/23: FHS:

Sr Perf: 4:30pm arrival, in at 4:45pm

Sr 2: 6pm-8pm—drylands with challenge group

NO SENIOR 1 practice

Wed 4/24:

FHS:

Sr 2 & Sr Perf: no drylands (regular practice times)

Thu 4/25: FHS:

Sr Perf: 4:30pm arrival, in at 4:45pm/drylands post

Sr 2: 6:15pm-8pm—drylands post

NO EXPL ADV 1

Fri 4/26: FHS:

Exploratory: 4:45pm-6;15pm Expl Adv 1 & 2: 6pm-7:30pm

Sr 1: 6:30pm-8pm

WALKER:

Sr 3, Sr Perf & Invited Sr 2: 4:45pm-6:45pm

Sr 2 & Challenge: 6:15pm-8pm

Sat 4/27: Drylands @ Beast Mode: Sr 3, Perf, Sr2 Invited: 6:30am-7:30am

WALKER:

Sr 3, Sr Perf, Sr 2 invited: 8am-10am Challenge & Sr 2: 9:30am-11:30am

FHS:

Masters: 7am-8am

Expl Adv 1 & 2: 8am-9:30am

Coaches Corner:

Coach Mark (Sr Perf & Sr 2) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Sr 1 & Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) $\underline{\textit{HERE}}$

Billing/Admin

Please note: Updated email address for contacting Admin - sharksswimclub@yahoo.com

Upcoming Events

It's Great To Be A Shark!

May 17-19—Fleet LCM Invite—Cy Fair Swim

Club Opt out by Apr 19

Preliminary Entries Apr HERE

Final Entries Apr 29

no changes after May 1 @ 5pm

May 18-19-SPA Developmental Meet

Opt out by April 22

Preliminary Entries (awaiting info from host—entries

to be emailed)

Final Entries April 30

No changes after May 3 @ 5pm

<u>May 30-June 3—Duel in the Pool—</u> Indianapolis

Qualifying swimmers—Application HERE

May 31-June 2—TWST LCM Invite

Opt out by May 6 Preliminary Entries May 7
Final entries May 14 no changes after May 17 @ 5pm

Jun 21-23-FCST Prelim/Final Meet

3 day prelim/final meet

opt out by May 27, Preliminary entries May 28 Final entries June 4, no changes after June 7 @ 5pm

Jul 12-14—Gulf Age Group Champs

Qualifying swimmers

Jul 12-14—Gulf Senior Champs

Qualifying swimmers

Jul 20-21-Gulf B & Under Champs

Jul 24-27—Southern Senior Zones – Team Travel for qualifying swimmers (West Virginia)

Register & Pay deposit **HERE**

Jul 26-28-Gulf Long Course Champs

FHS Pool Update—Sharks families, as you've heard, we found out late last week that the construction at FHS will begin earlier than expected. This is a little hiccup in our planning as we had pools set up for us being out June 1. The coaches are working on getting pools in May and we're looking to have groups at a mix of Alvin HS & HOA pools in the League City area. We have morning time confirmed for June/July at Stevenson & Clear Brook. We also previously had Williams pool confirmed for Tue/Thu evenings in June & July.

We hope to hear back from the hoa boards this week and will get updated practice information out as soon as possible.

<u>Long Course Caps</u>—if you ordered long course light blue caps personalized or non-personalized these are in and available for pickup from FHS:

Wednesday 4/24:- 4:45pm-6:30pm

Thursday 4/25: 4:45pm-6:30pm

Friday 4/26: 4:45pm-6:30pm

You can still purchase non-personalized caps at this time, caps will be invoiced to your sharks account \$12 per light blue silicone, \$6 per dark blue latex.

Volunteers needed – signup opens tonight @ 7pm HERE



Qualifiers

Age Group Champs

Sophia Boring, Matthieu Chossiere,
Adrianna Duncan, Tyler Ferraco, **Liv Foley**,
Grace Goins, Leighton Haver, Carmen Laurito,
Gabe Laurito, **Brinley Livesay**, Thien Luu,
Cameron Lowman, Omar Mahmoud,
Brielle McGonagle, Kivy Moore,
Sophia Patrick, Jovan Stojkovski, Evan Takeda,
Ava Van Slooten

Tags

Leighton Haver, Gabe Laurito

Southern Senior Zones

Tanner Antley, Rian Bleyendaal,
Morgan Carr, Macey Degroot,
Daniel Dickamore, Olivia Esbeck,
Lauren Ferguson, Martin Gomez, Natalie Goza,
Dylan Haver, Leighton Haver, Tristan Haver,
Hayden Holcomb, Edi Jakob, Andi Jeanes,
Carmen Laurito, Caleb Livesay,
Abigail Lowman, Selim Mahmoud,
Vanessa Marsh, Braylynn Moore,
Hayden Nielsen, Cameron Sustala,
Lauren Tillman, Gabi Volpe, Giancarlo Zamora

Sectionals

Rian Bleyendaal, Macey DeGroot, Edi Jakob, Selim Mahmoud, Vanessa Marsh, Gabi Volpe, Giancarlo Zamora

NCSA's

Macey DeGroot, Gabi Volpe, Giancarlo Zamora

Futures

Macey DeGroot

Speedo Winter Junior Nationals

Macey DeGroot

Speedo Summer Junior Nationals

Macey DeGroot

Sharks Social Media - Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u>

Sharks Youtube channel <u>HERE</u>

Parent RepContacts by group: HERE

Team Records:

Short Course Yards Long Course Meters