

Week of April 29th, 2024

Training Schedule (Updated 4/2/24) Changes highlighted in Blue

Sharks Pool Locations

Springs is closed & FHS will close earlier than anticipated

Practice Changes This Week (ONLY CHANGES ARE NOTED)

Tue 4/30: FHS:

Sr Perf: 4:30pm arrival, in at 4:45pm
Sr 2: 6pm-8pm—drylands with challenge group
NO SENIOR 1 practice

Wed 5/1:

FHS: Sr Perf: 4:30pm arrival, in at 4:45 Sr 2: 6:30pm-8:15pm (drylands with Sr 1) NO EXPL ADV 2

Thu 5/2: FHS:

Sr Perf: 4:30pm arrival, in at 4:45pm/drylands post Sr 2: 6:15pm-8pm—drylands post NO EXPL ADV 1

Fri 5/3: FHS:

Sr 3, Perf & Invited Sr 2: 4:45pm-6pm Sr 2 & Challenge: 6:15pm-8pm Expl Adv 1 & 2: 5-6:30pm NO DISC. PRE-TEAM or EXPLORATORY Sr 1: 6:30pm-8:15pm

Sat 5/4: Drylands @ Beast Mode: Sr 3, Perf, Sr 2 Invited: 6:30am-7:30am FHS: Masters: 7am-8am

Expl Adv 1 & 2: 8am-9:30am

WALKER:

Sr 3, Perf & Sr 2 Invited: 8am-10am Sr 2 & Challenge: 9:30am-11:30am

Drylands- off site drylands-signup ahead of time is required.

Coaches Corner:

Coach Mark (Sr Perf & Sr 2) *HERE* Coach Kate's Comments (Sr 3 & Exploratory) *HERE* Coach Tim's Tidbits (Challenge & Exploratory Advance) *HERE* Coach Chris's Chronicles (Sr 1 & Exploratory Advance 2) *HERE* Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) *HERE*

Billing/Admin

Please note: Updated email address for contacting Admin *sharksswimclub@yahoo.com*

Upcoming Events

It's Great To Be A Shark!

<u>May 17-19–Fleet LCM Invite–Cy Fair Swim</u>

<u>Club</u> Opt out by Apr 19 Preliminary Entries Apr <u>HERE</u> Final Entries <u>HERE</u> no changes after May 1 @ 5pm

May 18-19-SPA Developmental Meet

Opt out by April 22 Preliminary Entries will be emailed as file just received from host. Final Entries May 7 No changes after May 8 @ 5pm

<u>May 30-June 3—Duel in the Pool—</u> <u>Indianapolis</u> Qualifying swimmers—Application <u>HERE</u>

May 31-June 2—TWST LCM Invite Opt out by May 6 Preliminary Entries May 7 Final entries May 14 no changes after May 17 @ 5pm

Jun 21-23—FCST Prelim/Final Meet

3 day prelim/final meet opt out by May 27, Preliminary entries May 28 Final entries June 4, no changes after June 7 @ 5pm

Jul 12-14—Gulf Age Group Champs Qualifying swimmers

Jul 12-14—Gulf Senior Champs Qualifying swimmers

Jul 20-21-Gulf B & Under Champs

Jul 24-27—Southern Senior Zones_-Team Travel for qualifying swimmers (West Virginia) Register & Pay deposit <u>HERE</u>

Jul 26-28-Gulf Long Course Champs

<u>FHS Pool Update</u>—Sharks families, as you've heard, we found out late last week that the construction at FHS will begin earlier than expected. This is a little hiccup in our planning as we had pools set up for us being out June 1. The coaches are working on getting pools in May and we're looking to have groups at a mix of Alvin HS & HOA pools in the League City area. We have morning time confirmed for June/July at Stevenson & Clear Brook. We also previously had Williams pool confirmed for Tue/Thu evenings in June & July.

We hope to hear back from the hoa boards this week and will get updated practice information out as soon as possible.

We are awaiting decisions from the Westwood Board, Centerpointe HOA & Oaks of Clear Creek HOA. Once all necessary paperwork has been processed by Alvin ISD and scheduled between their departments for us to use the pool, we can begin at Alvin High School



Qualifiers

Age Group Champs

Sophia Boring, Matthieu Chossiere, Adrianna Duncan, Tyler Ferraco, Liv Foley, Grace Goins, Leighton Haver, Carmen Laurito, Gabe Laurito, Brinley Livesay, Thien Luu, Cameron Lowman, Omar Mahmoud, Brielle McGonagle, Kivy Moore, Sophia Patrick, Jovan Stojkovski, Evan Takeda, Ava Van Slooten

Tags

Leighton Haver, Gabe Laurito

Southern Senior Zones

Tanner Antley, Rian Bleyendaal, Morgan Carr, Macey Degroot, Daniel Dickamore, Olivia Esbeck, Lauren Ferguson, Martin Gomez, Natalie Goza, Dylan Haver, Leighton Haver, Tristan Haver, Hayden Holcomb, Edi Jakob, Andi Jeanes, Carmen Laurito, Caleb Livesay, Abigail Lowman, Selim Mahmoud, Vanessa Marsh, Braylynn Moore, Hayden Nielsen, Cameron Sustala, Lauren Tillman, Gabi Volpe, Giancarlo Zamora

Sectionals

Rian Bleyendaal, Macey DeGroot, Edi Jakob, Selim Mahmoud, Vanessa Marsh, Gabi Volpe, Giancarlo Zamora

NCSA's Macey DeGroot, Gabi Volpe, Giancarlo Zamora

> **Futures** Macey DeGroot

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Speedo Winter Junior Nationals Macey DeGroot

Speedo Summer Junior Nationals Macey DeGroot

Sharks Social Media – Links to follow: Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>

Parent Rep_Contacts by group: <u>HERE</u> Team Records: <u>Short Course Yards</u> <u>Long Course Meters</u>