

Week of Aug 28th, 2023

Training Schedule

Sharks Pool Locations

Parent Meeting Agenda HERE

Please see transition schedule for adjustments this week.

Coaches Corner:

Coach Gordy (Levi's Lessons-Sr Performance) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) *HERE*

Coach Chris's Chronicles (Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) <u>HERE</u>

Upcoming Events

Links will be bold & underlined in

italics click on and take directly to page on website.

It's Great To Be A Shark!

Sept 9th-Sharks Camp

Big Shark-Little Shark –more info in event. Opt IN by Sept 6th

Sept 30th-Sharks Pentathlon

Opt out by Sept 10th Preliminary Entries 9/12 Final Entries 9/19 No Changes after 9/20 @ Noon

Oct 7-Age Group Retreat Day

Ropes Course for Expl Adv 1 & 2 & Challenge groups Opt IN by Sept 16th

Oct 13th-15th-FCST Meet

Opt OUT by Sept 24th Preliminary Entries 9/26 Final Entries 10/3 No changes after 10/4 @ Noon

Oct 21st-22nd-DADS Club Developmental Meet

Opt OUT/IN by Oct 1 (Disc Adv & Sr 1 must opt IN to attend)
Preliminary Entries 10/3
Final Entries 10/10
No Changes after 10/11 @ Noon

Nov 10th-12th-Sharks November Invite

Opt OUT/IN by Oct 22 Preliminary Entries 10/24 Final Entries 10/31 No Changes after 11/1 @ Noon

 $^{^{}f *}$ Always be prepared for dryland with running shoes & dryland clothes *

<u>Sharks Cap Orders:</u> your swimmer's registration includes a latex cap, you can select this cap, choose to upgrade to silicone for \$6 billed or account or order personalized caps as a pair and either have in addition to the silicone cap or have the credit of \$6 applied to your personalized cap order.

Order <u>HERE</u>—deadline Saturday September 9th

Billing/Admin

received.

Please note: Updated email address for contacting Admin - **sharksswimclub@yahoo.com** (please do not use hille6@yahoo.com anymore) Emails will be responded to next business day if after hours or on weekend

<u>Parent Meeting (Aug 26th)</u> For those that missed the parent meeting, the agenda is posted on page 1. Some important items:

- SMS/Cell Phone If you have not already done so, add an SMS/Cell number to your account and verify it—be sure to add your cell phone carrier name.
- 2. **COVID Policy**—this is a new agreement that has been added by our board of directors. You will need to go to the agreements tab on your account to see the warning that an item is outstanding. You must read and agree to this as it is part of registration.

3. T-Shirt Size & Medical Alerts

Our registration this year did not auto-populate and request a tshirt size or any update to medical alerts/allergies. This needs to be added by going to your account: We still have **22 swimmers with no t-shirt size entered.** My account, account info, members, click on each member and add a tshirt size if blank and please add any relevant medical alerts that you wish your group coach to be aware of. Your registration includes a team tshirt, however, if we do not receive a size when the t-shirts are ordered there will be no refunds for shirts not

Parent Reps for the 2023-2024 Season

Parent rep contacts for each group can be found **HERE**

Sharks Social Media – Links to follow: Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>

Parent Rep Contacts by group: **HERE**

Team Records:

Short Course Yards Long Course Meters



Qualifiers

Age Group Champs

Lily Ainsworth, Blake Carr, Tyler Ferraco, Leighton Haver, Caleb Livesay, Brielle McGonagle, Kivy Moore, Hannah Robbins

Tags

Lily Ainsworth, Tyler Ferraco, Leighton Haver, Kivy Moore

Southern Senior Zones

Tanner Antley, Morgan Carr, Macey Degroot,
Olivia Esbeck, Lauren Ferguson, Natalie Goza,
Dylan Haver, Leighton Haver, Tristan Haver,
Hayden Holcomb, Edi Jakob, KK LeBlanc,
Caleb Livesay, Abigail Lowman, Vanessa Marsh,
Braylynn Moore, Ben Nendza, Hayden Nielsen,
Eric Song, Cameron Sustala, Lauren Tillman,
Gabi Volpe, Caroline Westbrook,
Giancarlo Zamora

Sectionals

Macey DeGroot, Tristan Haver, Edi Jakob, Andi Jeanes, KK LeBlanc, Vanessa Marsh, Eric Song, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

NCSA's

Macey DeGroot, KK LeBlanc, Gabi Volpe

Futures

Macey DeGroot, KK LeBlanc

Speedo Winter Junior Nationals Macey Degroot, KK LeBlanc

Speedo Summer Junior Nationals Macey DeGroot, KK LeBlanc