

Week of Jan 15, 2024

Training Schedule (updated 11/6)

Sharks Pool Locations

Practice Changes This Week

Tue 1/16: BOTH FHS and SPRINGS closed
ALL GROUPS Canceled

Wed 1/17: FHS

Sr 2: 6:30pm-8:15pm

Thu 1/18:

Stevenson

Sr Perf: 4:30pm-6:30pm

FHS

Sr 2: 6:30pm-8:15pm

*Always be prepared for dryland with running shoes & dryland clothes *

Upcoming Events

It's Great To Be A Shark!

Feb 16-18-14 & Under Champs

Opt out by 1/14, Preliminary Entries To Be Emailed Final entries 1/23 No changes after 1/24 @ noon

Mar 1—Mar 3—Sharks Hosted 13 & Over Champs

Opt out by 1/28 Preliminary Entries 1/30 Final entries 2/6 No changes after 2/7 @ noon

Mar 1-Mar 3-TAGS

Opt out by 2/11 Preliminary entries 2/13 Final entries 2/20 No changes after 2/21 @ noon

Mar 7-10th Texas Sectionals

Qualifying swimmers Preliminary entries 2/13 Final Entries 2/20 no changes after 2/21 @ noon

Mar 7-10-Texas Sectionals

For qualifying swimmers Preliminary entries 2/13 Final Entries 2/20 No changes after 2/21 @ noon

Coaches Corner:

Swimmer of the Month December

Coach Gordy (Levi's Lessons-Sr Performance) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) <u>HERE</u>

Billing/Admin

Please note: Updated email address for contacting Admin -

sharksswimclub@yahoo.com

Emails will be responded to next business day if after hours or on weekend

Swimmer of the Meet: Noch Prelim/Final Meet:

Discovery Advance—Ellie Hoff Exploratory—Bella Follmar

Expl Adv 1—Liv Foley

Expl Adv 2—Clara McGarvey

Challenge—Leighton Haver & Gabe Laurito

Senior 1—Zoe Worthey

Senior 2-Keegan Reeves & Chaz Wallace

Senior 3—Abdullah Borji & Daniel Dickamore

Sr Performance—Gabi Volpe

Overall swimmer of the meet—Leighton Haver

<u>Sharks Swim-A-Thon/Spring Fundraiser—Sat Apr 13th—More details to follow!</u> Save the date.



Safe Sport Certification:



<u>Sharks Swap & Sell Facebook Page</u>—New page to post, must be active members to join. You can list items for sale or swap. <u>HERE</u> (<u>Lost & Found pics will also be included here</u>)

Parent Reps for the 2023-2024 Season

Parent rep contacts for each group can be found **HERE**

Sharks Social Media - Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>

Parent RepContacts by group: HERE

Team Records:

Short Course Yards

Long Course Meters



Qualifiers

Age Group Champs

Lily Ainsworth, Landon Bomar, Sophia Boring,
Matthieu Chossiere, Adrianna Duncan,
Tyler Ferraco, Grace Goins, Tanner Goins,
Leighton Haver, Caleb Livesay, Gabe Laurito,
Cameron Lowman, Thien Luu, Omar Mahmoud,
Brielle McGonagle, Kivy Moore,
Jovan Stojkovski, Ava Van Slooten

Tags

Lily Ainsworth, Leighton Haver, Gabe Laurito, Caleb Livesay

Southern Senior Zones

Tanner Antley, Morgan Carr, Macey Degroot,
Olivia Esbeck, Lauren Ferguson, Martin Gomez,
Natalie Goza, Dylan Haver, Leighton Haver,
Tristan Haver, Hayden Holcomb, Edi Jakob,
Andi Jeanes, KK LeBlanc, Caleb Livesay,
Abigail Lowman, Vanessa Marsh,
Braylynn Moore, Ben Nendza, Hayden Nielsen,
Eric Song, Cameron Sustala, Lauren Tillman,
Gabi Volpe, Caroline Westbrook,
Giancarlo Zamora

Sectionals

Rian Bleyendaal, Macey DeGroot, Edi Jakob, KK LeBlanc, Selim Mahmoud, Vanessa Marsh, Ben Nendza, Eric Song, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

NCSA's

Macey DeGroot, KK LeBlanc, Gabi Volpe, Giancarlo Zamora

Futures

Macey DeGroot, KK LeBlanc

Speedo Winter Junior Nationals Macey DeGroot, KK LeBlanc

Speedo Summer Junior Nationals Macey DeGroot, KK LeBlanc