

# Week of Jan 1, 2024

Training Schedule (updated 11/6)

Christmas Schedule
12/26-1/6
Sharks Pool Locations

# **Practice Changes This Week**

\*Always be prepared for dryland with running shoes & dryland clothes \*

# **Upcoming Events**

It's Great To Be A Shark!

#### Jan 12th-Noch Prelim/Finals Meet

Preliminary Entries <u>HERE</u> Final Entries <u>HERE</u> No Changes after 1/3 @ noon

#### Feb 16-18-14 & Under Champs

Opt out by 1/14, Preliminary Entries 1/16 Final entries 1/23 No changes after 1/24 @ noon

#### <u>Mar 1—Mar 3—Sharks Hosted 13 & Over</u> <u>Champs</u>

Opt out by 1/28 Preliminary Entries 1/30 Final entries 2/6 No changes after 2/7 @ noon

#### Mar 1-Mar 3-TAGS

Opt out by 2/11 Preliminary entries 2/13 Final entries 2/20 No changes after 2/21 @ noon

#### Mar 7-10th Texas Sectionals

Qualifying swimmers Preliminary entries 2/13 Final Entries 2/20 no changes after 2/21 @ noon

#### Mar 7-10-Texas Sectionals

For qualifying swimmers Preliminary entries 2/13 Final Entries 2/20 No changes after 2/21 @ noon

#### **Coaches Corner:**

#### Swimmer of the Month November

Coach Gordy (Levi's Lessons—Sr Performance) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) HERE

#### **Billing/Admin**

Please note: Updated email address for contacting Admin -

sharksswimclub@yahoo.com

Emails will be responded to next business day if after hours or on weekend

### **Safe Sport Certification:**





<u>Sharks Swap & Sell Facebook Page</u>—New page to post, must be active members to join. You can list items for sale or swap. <u>HERE (Lost & Found pics will also be included here)</u>

## Parent Reps for the 2023-2024 Season

Parent rep contacts for each group can be found **HERE** 

<u>Jan</u>	Age-Date
Zoe Worthey	15 - 2nd
Cameron Sustala	16 - 3rd
Delaney Sustala	16 - 3rd
Landry Maher	6 - 8th
Stefano Fiocca	15 - 8th
Martin Gomez	17 - 11th
Grant Dischler	8 - 13th
Kayla Fox	8 - 13th
Jacob Gonzalez	11 - 14th
Jase Gautney	10 - 15th
Boyd OIlszeski	9 - 16th
Natalie Kahms	9 - 18th
Reagan Foster	13 - 18th
Levi Godfrey	9 - 19th
Sophia Patrick	12 - 20th
Quinn Epperson	8 - 27th
Alexa Arevalo	16 - 29th
Wendy Cho	11 - 30th
Omar Mahmoud	12 - 30th

## Sharks Social Media – Links to follow:

Sharks Facebook  $\underline{\textit{HERE}}$  Sharks Instagram  $\underline{\textit{HERE}}$  Sharks Youtube channel  $\underline{\textit{HERE}}$ 

Parent Rep2Contacts by group: **HERE** 

**Team Records:** 

Short Course Yards Long Course Meters