

Week of Jan 22, 2024

Training Schedule (updated 11/6)

Sharks Pool Locations

Practice Changes This Week

Mon 1/22:

Springs—SR 1 regular Mondays to Springs through Feb 26th (6:30pm-8:15pm)

Fri 1/26:

Stevenson

Disc. Pre-Team (1 & 2) 4:45pm-5:30pm Sr 3: 4:445pm-7:00pm Expl Adv 1: 5:00pm-6:30pm Exploratory: 5:00pm-6:30pm

Challenge & Expl Adv 2: 6:15pm-8:15pm

Sat 1/27:

Stevenson

Masters: 6:00am-7:30am

Sr 3 & Sr 2 (combined) 7:00am-10:00am Challenge & Expl Adv 2 (comb) 7:45am-9:45am Disc. Adv (1 & 2) 9:30am-10:30am (time change also)

Expl Adv 1: 10:00am-11:30am Exploratory: 10:00am-11:30am Swim Fit Black: 10:30am-11:30am Swim Fit Blue: 10:45am-11:45am Swim Fit White: 10:45am-11:30am

Sr Perf—Canceled

Mon 1/29:

Springs

Sr 1: 6:30pm-8:15pm

Coaches Corner:

Swimmer of the Month December

Coach Gordy (Levi's Lessons-Sr Performance) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) **HERE**

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) HERE

Billing/Admin

Please note: Updated email address for contacting Admin -

sharksswimclub@yahoo.com

Emails will be responded to next business day if after hours or on weekend

Upcoming Events

It's Great To Be A Shark!

Feb 16-18-14 & Under Champs

Opt out by 1/14, Preliminary Entries HERE Final entries **HERE** No changes after 1/24 @ noon

Mar 1-Mar 3-Sharks Hosted 13 & Over

Champs

Opt out by 1/28 Preliminary Entries 1/30 Final entries 2/6 No changes after 2/7 @ noon

Mar 1-Mar 3-TAGS

Opt out by 2/11 Preliminary entries 2/13 Final entries 2/20 No changes after 2/21 @ noon

Mar 7-10th Texas Sectionals

Qualifying swimmers

Preliminary entries 2/13 Final Entries 2/20 no changes after 2/21 @ noon

Mar 7-10-Texas Sectionals

For qualifying swimmers Preliminary entries 2/13 Final Entries 2/20 No changes after 2/21 @ noon

<u>Sharks Swim-A-Thon/Spring Fundraiser—Sat Apr 13th—More details to follow!</u> Save the date.



Help our team get new equipment!

- ** Suit try-on sets for younger/new swimmers
- ** Team flags for meets
- ** New headsets
- ** New tempo trainers
- ** New paddles
- ** Dryland Equipment



Safe Sport Certification:



<u>Sharks Swap & Sell Facebook Page</u>—New page to post, must be active members to join. You can list items for sale or swap. <u>HERE (Lost & Found pics will also be included here)</u>

Parent Reps for the 2023-2024 Season

Parent rep contacts for each group can be found **HERE**

Travel Trip Escrow Option—if you are interested in setting aside money for summer travel trip/competitions (senior zones etc) please reach out to **billing@sharks-swim-club.org** to set up the additional charge to your account. If the funds are not used the money will be refunded.

Qualifiers

Age Group Champs

Lily Ainsworth, Landon Bomar, Sophia Boring,
Matthieu Chossiere, Adrianna Duncan,
Tyler Ferraco, Grace Goins, Tanner Goins,
Leighton Haver, Caleb Livesay, Gabe Laurito,
Cameron Lowman, Thien Luu, Omar Mahmoud,
Brielle McGonagle, Kivy Moore,
Jovan Stojkovski, Ava Van Slooten

Tags

Lily Ainsworth, Leighton Haver, Gabe Laurito, Caleb Livesay

Southern Senior Zones

Tanner Antley, Morgan Carr, Macey Degroot,
Olivia Esbeck, Lauren Ferguson, Martin Gomez,
Natalie Goza, Dylan Haver, Leighton Haver,
Tristan Haver, Hayden Holcomb, Edi Jakob,
Andi Jeanes, KK LeBlanc, Caleb Livesay,
Abigail Lowman, Vanessa Marsh,
Braylynn Moore, Ben Nendza, Hayden Nielsen,
Eric Song, Cameron Sustala, Lauren Tillman,
Gabi Volpe, Caroline Westbrook,
Giancarlo Zamora

Sectionals

Rian Bleyendaal, Macey DeGroot, Edi Jakob, KK LeBlanc, Selim Mahmoud, Vanessa Marsh, Ben Nendza, Eric Song, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

NCSA's

Macey DeGroot, KK LeBlanc, Gabi Volpe, Giancarlo Zamora

Futures

Macey DeGroot, KK LeBlanc

Speedo Winter Junior Nationals Macey DeGroot, KK LeBlanc

Speedo Summer Junior Nationals Macey DeGroot, KK LeBlanc

Sharks Social Media - Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>

Parent RepContacts by group: **HERE**

Team Records:

Short Course Yards Long Course Meters