

## Week of Nov 13th, 2023

Training Schedule (updated 11/6)

Thanksgiving Week Schedule

Sharks Pool Locations

### **Practice Changes This Week**

Tue 11/14: NO SPRINGS—High School Meet

Stevenson:

Sr Perf: 4:45pm-6:45pm

FHS:

Senior 2: 6:15pm-8:15pm (combined with Senior 1)

\*Always be prepared for dryland with running shoes & dryland clothes \*

#### Coaches Corner:

#### Swimmer of the Month October

Coach Gordy (Levi's Lessons—Sr Performance) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) <u>HERE</u>

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) HERE

#### **Billing/Admin**

Please note: Updated email address for contacting Admin -

sharksswimclub@yahoo.com

Emails will be responded to next business day if after hours or on weekend

## **Upcoming Events**

It's Great To Be A Shark!

# Wed Nov 15th @ 5pm -Meeting with FISD at FHS re pool condition and path forward

#### Nov 25th—Shark Camp

Discovery Pre & Advance & Exploratory groups paired with Big Shark swimmers from the Senior group. Opt IN by Nov 21

#### <u>Nov 26th– Safe Sport Zoom 13 & over</u> <u>Athletes</u>

Zoom link in event for athletes to join.

#### Nov 30-Dec 3rd-Southern Senior Champs

#### **CCISD Natatorium, Woodlands**

Qualified swimmers—opt out by Nov 5th Preliminary entries *HERE* Final Entries *HERE* no changes after Nov 15 (noon)

#### Dec 1-Dec 3rd—Gulf Age Group Champs

#### Texas A & M University

Qualified swimmers—opt out by Nov 5th Preliminary entries <u>HERE</u> Final entries <u>HERE</u> no changes after Nov 15 (noon)

#### Dec 8-10th-Senior Champs

#### location TBD by Gulf (13 & Over swimmers)

Qualified swimmers—opt out by Nov 5 Preliminary entries <u>HERE</u> Final entries <u>HERE</u> No changes after Nov 15 (noon)

#### Dec 15-17th-Gulf Fall Champs

location TBD by Gulf (12 & under swimmers)
Opt out by Nov 12
Preliminary Entries <u>HERE</u> Final entries Nov 21
No changes after Nov 22 (noon)

#### Dec 23-Gingerbread House Party

Opt In by Dec 18

#### Jan 12th-Noch Prelim/Finals Meet

Preliminary Entries 12/26 Final Entries 1/2 No Changes after 1/3 @ noon <u>Inked Design Merch Store Open for Christmas:</u> Open now through end of day Sunday, November 19th. <u>HERE</u>

**Sponsorship T-Shirts**—if you did not pick up your shirt last week before the meet, there will be an opportunity during these times at FHS: Today, 4:45pm-6:15pm

10day, 4.45pm-6.15pm Wed—4:45pm-6:15pm

Thu-4:45pm-6:15pm

Shirts must be signed for.

Bay Area Houston Food Lovers Fundraiser Cards—Unsold cards and moneys for cards sold MUST be returned to Lynae Carr by 11/22. Any cards not returned will be invoiced to account at \$25 per card.

We are selling 2024 Bay Area Houston Food Lovers cards as a fundraiser again this year - \$25 per card. Discounts are good for all of 2024. We will begin handing out the cards at practices today, Monday, October 30<sup>th</sup>, and will have through November 21<sup>st</sup> to sell them. Discounts at over 200 local restaurants and many non-restaurant participants!!! These make great gifts too! Flyer <u>HERE</u> Example: 10% off Pier 6 every time you eat there in 2024. Check out all the discounts at *Bay Area Houston Food Lovers*.

For every card you sell, you will earn \$5 towards your fundraising obligation!! Please contact Lynae Carr at <a href="mailto:lynaecarr@gmail.com">lynaecarr@gmail.com</a> or via text at 713.870.9943 for orders or questions.

Lynae will be at the meet this weekend if you wish to pickup and sign for cards to sell (she is at concessions Saturday 12-4 & 1-4 on Sunday)

#### **Safe Sport Certification:**



<u>Safe Sport for 13 & over athletes—event on page 1</u> Zoom link: <u>HERE</u>

**Sharks Swap & Sell Facebook Page**—New page to post, must be active members to join. You can list items for sale or swap. **HERE (Lost & Found pics will also be included here)** 

#### Parent Reps for the 2023-2024 Season

Parent rep contacts for each group can be found **HERE** 

#### Sharks Social Media - Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u>

Sharks Youtube channel **HERE** 

Parent RepContacts by group: HERE

**Team Records:** 

Short Course Yards Long Course Meters



## **Qualifiers**

**Age Group Champs** 

Lily Ainsworth, Landon Bomar,
Deegan Butcher, Matthieu Chossiere,
Adrianna Duncan, Grace Goins, Tanner Goins,
Leighton Haver, Caleb Livesay,
Cameron Lowman, Brielle McGonagle,
Kivy Moore, Hannah Robbins

#### **Tags**

Lily Ainsworth, Leighton Haver, Kivy Moore

#### **Southern Senior Zones**

Tanner Antley, Morgan Carr, Macey Degroot, Olivia Esbeck, Lauren Ferguson, Natalie Goza, Dylan Haver, Leighton Haver, Tristan Haver, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Caleb Livesay, Abigail Lowman, Vanessa Marsh, Braylynn Moore, Ben Nendza, Hayden Nielsen, Eric Song, Cameron Sustala, Lauren Tillman, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

#### Sectionals

Macey DeGroot, Tristan Haver, Edi Jakob, KK LeBlanc, Vanessa Marsh, Eric Song, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

#### NCSA's

Macey DeGroot, KK LeBlanc, Gabi Volpe

#### **Futures**

Macey DeGroot, KK LeBlanc

**Speedo Winter Junior Nationals** Macey DeGroot, KK LeBlanc

Speedo Summer Junior Nationals

Macey DeGroot, KK LeBlanc