

Week of Nov 6th, 2023

Training Schedule (updated 11/6)

Sharks Pool Locations

Practice Changes This Week

Thu 11/9: FHS High School Meet

Stevenson:

Disc Adv 2: 4:45pm-5:45pm Disc. Pre-Team 2: 5:45pm-6:30pm

Exploratory: 4:45pm-6:00pm (ending earlier)

Expl Adv 1 & 2: 4:45pm-6:15pm Senior 3: 5:30pm-8:15pm Challenge: 6:00pm-8:00pm

Springs:

Senior 1: 6:15pm-8:15pm

Fri 11/10:

ALL PRACTICES CANCELED DUE TO SHARKS SWIM MEET

Sat 11/11:

ALL PRACTICES CANCELED DUE TO SHARKS SWIM MEET

*Always be prepared for dryland with running shoes & dryland clothes *

Coaches Corner:

Swimmer of the Month October

Coach Gordy (Levi's Lessons-Sr Performance) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) HERE

Billing/Admin

Please note: Updated email address for contacting Admin -

sharksswimclub@yahoo.com

Emails will be responded to next business day if after hours or on weekend

Upcoming Events

It's Great To Be A Shark!

Nov 10th-12th-Sharks November Invite

Opt OUT by Oct 22

Preliminary Entries **HERE** (does not include all swimmers—if you do not see your swimmer's name please reach out to your group coach. Final Entries **HERE** Itinerary **HERE**

Job Signup HERE

No Changes after 11/1 @ Noon

Nov 25th-Shark Camp

Discovery Pre & Advance & Exploratory groups paired with Big Shark swimmers from the Senior group. Opt IN by Nov 21

<u>Nov 26th– Safe Sport Zoom 13 & over</u>

Zoom link in event for athletes to join.

Nov 30-Dec 3rd-Southern Senior Champs

CCISD Natatorium, Woodlands

Qualified swimmers-opt out by Nov 5th Preliminary entries *HERE* Final Entries Nov 14 no changes after Nov 15 (noon)

Dec 1-Dec 3rd—Gulf Age Group Champs

Texas A & M University

Qualified swimmers-opt out by Nov 5th Preliminary entries **HERE** Final entries Nov 14 no changes after Nov 15 (noon)

Dec 8-10th-Senior Champs

location TBD by Gulf (13 & Over swimmers)

Qualified swimmers—opt out by Nov 5 Preliminary entries **HERE** Final entries Nov 14 No changes after Nov 15 (noon)

Dec 15-17th-Gulf Fall Champs

location TBD by Gulf (12 & under swimmers) Opt out by Nov 12 Preliminary Entries Nov 14 Final entries Nov 21 No changes after Nov 22 (noon)

Dec 23-Gingerbread House Party

Opt In by Dec 18

Jan 12th-Noch Prelim/Finals Meet

Preliminary Entries 12/26 Final Entries 1/2 No Changes after 1/3 @ noon

<u>Volunteers Hosted Meet:</u> We still have 50 open positions for this weekend's meet. We have ample swimmers to cover these positions. If you are NOT signed up yet, please do so today, as any open positions will be assigned tomorrow. *HERE*

We are still in need of donations and ice etc **HERE**

Sponsorship Tshirts—they will be available for pickup at FHS **today and tomorrow** (volunteer signup opened at noon) Swimmers in Senior 2 & Sr Perf can pick up their shirts from Coach Gordy at springs. (All swimmers in Discovery Pre-Team, Discovery Advance, Exploratory, Exploratory Adv 1 & 2, Challenge, Senior 1, 2,3 & Performance receive this shirt.

Bay Area Houston Food Lovers Fundraiser Cards-

We are selling 2024 Bay Area Houston Food Lovers cards as a fundraiser again this year - \$25 per card. Discounts are good for all of 2024. We will begin handing out the cards at practices today, Monday, October 30th, and will have through November 21st to sell them. Discounts at over 200 local restaurants and many non-restaurant participants!!! These make great gifts too! Flyer <u>HERE</u> Example: 10% off Pier 6 every time you eat there in 2024. Check out all the discounts at **Bay Area Houston Food Lovers**.

For every card you sell, you will earn \$5 towards your fundraising obligation!! Please contact Lynae Carr at lynaecarr@gmail.com or via text at 713.870.9943 for orders or questions.

Lynae will be at the meet this weekend if you wish to pickup and sign for cards to sell (she is at concessions Saturday 12-4 & 1-4 on Sunday)

Safe Sport Certification:



<u>Safe Sport for 13 & over athletes—event on page 1</u> Zoom link: <u>HERE</u>

Sharks Swap & Sell Facebook Page—New page to post, must be active members to join. You can list items for sale or swap. **HERE**

Parent Reps for the 2023-2024 Season

Parent rep contacts for each group can be found HERE

Sharks Social Media - Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>

Parent RepContacts by group: **HERE**

Team Records:

Short Course Yards Long Course Meters



November	Age-Date
Elliott Saum	8 - 2nd
Carmen Laurito	14—6th
Tres Johnson	14— 8th
William Esbeck	13— 11th
Payton Thomas	15—12th
Sebastian Priest	12—14th
Johan Ahlgren	7 - 16th
Brinley Livesay	10—18th
Chaz Wallace	14—18th
Macey DeGroot	16—18th
Kathrin Dickamore	14—25th
Lauren Tillman	17—27th