

Week of Oct 2nd, 2023

Training Schedule (updates 9/25)

Sharks Pool Locations

Practice Changes This Week

Tue Oct 3—

Stevenson

Sr Perf: 4:45pm-6:45pm Senior 1 & 2: 6:30pm-8:15pm

Fri Oct 6-

Stevenson

Disc Pre-Team 1 & 2: 4:45pm-5:30pm Exploratory: 5:15pm-6:45pm

Springs

Expl Adv 1: 4:45pm-6:15pm

Challenge & Expl Adv 2: 6:00pm-8:00pm

Walker

Sr Perf, Sr 3, Sr 2: 4:45pm-6:45pm

Sat Oct 7—(AGE GROUP RETREAT)

Those going to retreat will swim at FHS: 7:45am-9:20am

Any Challenge swimmers NOT going to retreat will swim with Expl

FHS: 10:00am-11:30am

Tue Oct 10—NO SPRINGS FOR SURE & NO FHS (WP GAMES)

Stevenson

Disc Adv 2: 4:45pm-5:45pm Disc Pre-Team 2: 5:45pm-6:30pm Expl Adv 1: 4:45pm-6:15pm Sr 1 & Sr 2: 6:15pm-8:15pm

Walker

Sr Perf, Sr 3: 4:45pm-6:30pm

Challenge & Expl Adv 2: 6:15pm-8:00pm

Sat Oct 14 - POSSIBLY no FHS due to WP games

All Groups TBD

<u>Tue Oct 17</u>-POSSIBLY no FHS or Springs due to WP games (we won't know until Sun 10/15)

All Groups TBD

*Always be prepared for dryland with running shoes & dryland clothes *

Coaches Corner:

Coach Gordy (Levi's Lessons—Sr Performance) **HERE**

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) <u>HERE</u>

Upcoming Events

It's Great To Be A Shark!

Oct 7-Age Group Retreat Day

Ropes Course for Expl Adv 1 & 2 & Challenge groups Itinerary \underbrace{HERE}

Oct 13th-15th-FCST Meet

Opt OUT by Sept 24th Preliminary Entries <u>HERE</u> Final Entries <u>HERE</u> No changes after 10/4 @ Noon

Oct 20th-21st-Senior Groups Retreat—

Camp Cho Yeh-Lake Livingston Opt IN by October 5th

Oct 21st-22nd-DADS Club Developmental Magt

Opt OUT/IN by Oct 1 (Disc Adv & Sr 1 must opt IN to attend)

Preliminary Entries $\underline{\textit{HERE}}$

Final Entries 10/10

No Changes after 10/11 @ Noon

<u>Oct 22nd—Sharks Fall Open Water</u> <u>Extravaganza</u>

Lake Longhorn, **Opt IN** by Oct 6 Preliminary Entries 10/9 Final Entries 10/16 No Changes after 10/19

Oct 27th-Halloween Glow Practice

Opt IN by Oct 23rd

Adv 2 at

\$10 per swimmer to cover costs

Oct 28th – Developmental Meet (Swim Fit & Pre-Team groups)

\$10 per swimmer in Pre-Team Opt IN by October 20th no changes after Oct 25th

Nov 10th-12th-Sharks November Invite

Opt OUT by Oct 22 Preliminary Entries 10/24 Final Entries 10/31 No Changes after 11/1 @ Noon

Nov 25th-Shark Camp

Discovery Pre & Advance & Exploratory groups paired with Big Shark swimmers from the Senior group.

Jan 12th—Noch Prelim/Finals Meet

Preliminary Entries 12/26 Final Entries 1/2

No Changes after 1/3 @ noon

Sponsorship Campaign Update - We are entering the final days of the Sponsorship Campaign. We have raised \$19,980 in donations and sponsorships, 66% of our goal! We need a strong push these last few days to make it to our goal of \$30,000. We accept donations at any time, but the deadline for donor's logos to be included on our sponsorship materials is Friday, October 6th.

Thank you from Coach Gordy: I wanted to take this opportunity to THANK EVERYONE for making the SHARKS PENTATHLON a HUGE success! Not only did the meet run smoothly, but we were able to train 4 new Stroke-n-Turn officials, 1 new Meet Director, and had an INCREDIBLE concessions stand that served the ABSOLUTE BEST BURGERS! Thank you to everyone! Next Shark hosted meet will be NOV 10-11-12.

HAPPY BIRTHDAY COACH TIM!!!!!

Parent Rep Meeting: Saturday Oct 7th: There will be a Meeting for all Parent Reps this SATURDAY (10/7) at FHS (up in the stands) from 10:10am to 10:30am.

<u>Inked Design Halloween Store</u>—open through October 8th. All orders are paid through Inked. Inked will notify members when their order is ready for pick up from their location. <u>HERE</u>

<u>Bay Area Houston Food Lovers Fundraiser Cards</u>—these will be available for purchase toward the end of this month! More details to come!

Billing/Admin

Please note: Updated email address for contacting Admin - sharksswimclub@yahoo.com (please do not use hille6@yahoo.com anymore) Emails will be responded to next business day if after hours or on weekend

Two Items that need to be addressed by all families:

- 1. **SMS/Cell Phone** If you have not already done so, add an SMS/Cell number to your account and verify it—be sure to add your cell phone carrier name.
- COVID Policy—this is a new agreement that has been added by our board of directors. You will need to go to the agreements tab on your account to see the warning that an item is outstanding. You must read and agree to this as it is part of registration—This MUST be signed by Sept 15th (there is one for each swimmer)

New to USA Swimming swimmers, you have received an email regarding registering your swimmer with USA Swimming, this MUST be completed by end of day tomorrow, 9/20 in order for your swimmer to continue attending practices.

Sharks Swap & Sell Facebook Page—New page to post, must be active members to join. You can list items for sale or swap. **HERE**

Parent Reps for the 2023-2024 Season

Sharks Social Media – Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>

Parent RepContacts by group: **HERE**

Team Records:

Short Course Yards Long Course Meters



October	Age-Date
Edwin Clark	10- 1st
Andi Jeanes	17– 3rd
Sami Bouaziz	7- 4th
Blake Carr	13- 4th
Chloe Gazda	12- 5th
Tristan Haver	18– 7th
Thomas Stankovsky	9- 10th
Alexa Sole	15– 12th
Madelyn Wagner	7 - 13th
Benjamin Cyr	14- 14th
Irene Malak	14– 15th
Pallas Pinkoski	16– 15th
Andrea Woodling	9- 17th
Victor DeLeon	7- 20th
Landry Ferguson	12- 21st
Sebastian Castillo	11- 30th
Lauren Ferguson	17-31st