

Week of Oct 30th, 2023

Training Schedule (updates 9/25)

Sharks Pool Locations

Practice Changes This Week

Tue 10/31

FHS

Disc. Adv 2, Disc Pre-Team 2, E Adv 1, E Adv 2-Canceled Sr 3: 4:30pm-6:15/6:30pm—This is a time change

SPRINGS

Sr 1, Sr 2 & Challenge (combined) 5:00pm-6:15pm (Location & time change for Sr 1 & Challenge) Sr Perf: 4:30pm-6:00pm– This is a time change

Thu 11/2

SPRINGS

Senior 1: 6:15pm-8:15pm (location change)

Sat 11/4- ALL GROUPS AT STEVENSON (HIGH SCHOOL MEET)

Regular FHS Times but at Stevenson

*Always be prepared for dryland with running shoes & dryland clothes *

Upcoming Events

It's Great To Be A Shark!

Nov 10th-12th-Sharks November Invite

Opt OUT by Oct 22

Preliminary Entries <u>HERE</u> (does not include all swimmers—if you do not see your swimmer's name please reach out to your group coach.
Final Entries <u>HERE</u>
No Changes after 11/1 @ Noon

Nov 25th-Shark Camp

Discovery Pre & Advance & Exploratory groups paired with Big Shark swimmers from the Senior group. Opt IN by Nov 21

Nov 30-Dec 3rd-Southern Senior Champs

CCISD Natatorium, Woodlands

Qualified swimmers—opt out by Nov 5th Preliminary entries Nov 7 Final Entries Nov 14 no changes after Nov 15 (noon)

<u>Dec 1-Dec 3rd—Gulf Age Group Champs</u>

Texas A & M University

Qualified swimmers—opt out by Nov 5th Preliminary entries Nov 7 Final entries Nov 14 no changes after Nov 15 (noon)

Dec 8-10th-Senior Champs

location TBD by Gulf (13 & Over swimmers)

Qualified swimmers—opt out by Nov 5 Preliminary entries Nov 7 Final entries Nov 14 No changes after Nov 15 (noon)

Dec 15-17th-Gulf Fall Champs

location TBD by Gulf (12 & under swimmers)
Opt out by Nov 12
Preliminary Entries Nov 14 Final entries Nov 21
No changes after Nov 22 (noon)

Dec 23-Gingerbread House Party

Opt In by Dec 18

Jan 12th-Noch Prelim/Finals Meet

Preliminary Entries 12/26 Final Entries 1/2 No Changes after 1/3 @ noon

Coaches Corner:

Coach Gordy (Levi's Lessons-Sr Performance) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) HERE

Billing/Admin

Please note: Updated email address for contacting Admin -

sharksswimclub@yahoo.com

Emails will be responded to next business day if after hours or on weekend

COVID Policy—this agreement was added by our board of directors after registration. Emails have ben sent & notifications in the newsletter regarding this requirement to be signed by 10/30. Those swimmers that have accounts without these agreements signed will be suspended 11/1 after billing and be unable to practice until these agreements are signed. You will need to go to the agreements tab on your account to see the warning that an item is outstanding. You must read and agree to this as it is part of registration—there will be no pro-rating of training fees.

Bay Area Houston Food Lovers Fundraiser Cards-

We will be selling 2024 Bay Area Houston Food Lovers cards as a fundraiser again this year - \$25 per card. Discounts are good for all of 2024. We will begin handing out the cards at practices today, Monday, October 30th, and will have through November 21st to sell them. Discounts at over 200 local restaurants and many non-restaurant participants!!! These make great gifts too! Flyer *HERE*

Example: 10% off Pier 6 every time you eat there in 2024. Check out all the discounts at *Bay Area Houston Food Lovers*.

For every card you sell, you will earn \$5 towards your fundraising obligation!!Please contact Lynae Carr at *lynaecarr@gmail.com* or via text at 713.870.9943 for orders or questions.

Lynae will be at the pool during these times:

FHS—Wed 1/1 4:45pm-6:15pm & Stevenson: 6:30pm-7:30pm Clear Springs: Mon 11/6 5pm-5:45pm

<u>Sharks Swap & Sell Facebook Page</u>—New page to post, must be active members to join. You can list items for sale or swap. <u>HERE</u>

Parent Reps for the 2023-2024 Season

Parent rep contacts for each group can be found **HERE**



Qualifiers

Age Group Champs

Lily Ainsworth, Deegan Butcher, Blake Carr, Keegan Carr, Adrianna Duncan, Tyler Ferraco, Tanner Goins, Leighton Haver, Caleb Livesay, Brielle McGonagle, Kivy Moore, Hannah Robbins

Tags

Lily Ainsworth, Tyler Ferraco, Leighton Haver, Kivy Moore

Southern Senior Zones

Tanner Antley, Morgan Carr, Macey Degroot, Olivia Esbeck, Lauren Ferguson, Natalie Goza, Dylan Haver, Leighton Haver, Tristan Haver, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Caleb Livesay, Abigail Lowman, Vanessa Marsh, Braylynn Moore, Ben Nendza, Hayden Nielsen, Eric Song, Cameron Sustala, Lauren Tillman, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

Sectionals

Macey DeGroot, Tristan Haver, Edi Jakob, KK LeBlanc, Vanessa Marsh, Eric Song, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

NCSA's

Macey DeGroot, KK LeBlanc, Gabi Volpe

Futures

Macey DeGroot, KK LeBlanc

Speedo Winter Junior Nationals Macey DeGroot, KK LeBlanc

Speedo Summer Junior Nationals Macey DeGroot, KK LeBlanc

Sharks Social Media - Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u>

Sharks Youtube channel **HERE**

Parent RepContacts by group: HERE

Team Records:

Short Course Yards Long Course Meters