



## Week of Oct 9th, 2023

### [Training Schedule \(updates 9/25\)](#)

### [Sharks Pool Locations](#)

### Practice Changes This Week

Tue Oct 10—NO SPRINGS FOR SURE & NO FHS (WP GAMES)

#### Stevenson

Disc Adv 2: 4:45pm-5:45pm  
Disc Pre-Team 2: 5:45pm-6:30pm  
Expl Adv 1: 4:45pm-6:00pm (please note earlier finish time)  
Sr 1 & Sr 2: 6:30pm-8:15pm

#### Walker

Sr Perf, Sr 3: 4:45pm-6:45pm  
Challenge & Expl Adv 2: 6:15pm-8:00pm

Wed Oct 11—Springs is unavailable due to Homecoming activities at the school

#### Walker

Sr Perf: 4:45pm-6:45pm

#### FHS

Sr 2: 6:15pm-8:15pm (combined with Sr 1)

Thu Oct 12

#### Springs

Sr 1: 6:30pm-8:15pm (combined with Sr 2)

Fri Oct 13-FCST Meet—so some groups are combined and there are time changes

#### FHS

Expl: 4:45pm-6:15pm (this is a time change)  
Challenge & Expl Adv 2: 5:30pm-7:30pm (this is a time change)  
Sr Perf/Sr 3/Sr 2: 6:15pm-8:15pm (this is a time change)

Sat Oct 14— POSSIBLY no FHS due to WP games & FCST Meet—so time changes

#### Stevenson

Masters: 8:00am-8:50am (this is a time change)  
Disc Adv 1 & 2: 9:00am-10:00am (this is a time change)  
Expl: 10:00am-11:30am  
Sr Perf/Sr 3/Sr 2/Challenge/Expl Adv 2: CANCELLED

Tue Oct 17-POSSIBLY no FHS or Springs due to WP games (we won't know until Sun 10/15)

**All Groups TBD**

***\*Always be prepared for dryland with running shoes & dryland clothes \****

### Coaches Corner:

Coach Gordy (Levi's Lessons—Sr Performance) [HERE](#)  
Coach Kate's Comments (Sr 3 & Exploratory) [HERE](#)  
Coach Gordy's Wise Words (Senior 2) [HERE](#)  
Coach Rhys Pieces (Senior 1) [HERE](#)  
Coach Tim's Tidbits (Challenge & Exploratory Advance) [HERE](#)  
Coach Chris's Chronicles (Exploratory Advance 2) [HERE](#)  
Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) [HERE](#)

## Upcoming Events

It's Great To Be A Shark!

[Oct 11-12-Cap Pickup! Caps ordered or registration caps](#)—pickup at FHS 4:45pm-7:15pm Wed or Thu. Volunteer signup [HERE](#)

#### [Oct 13th-15th—FCST Meet](#)

Opt OUT by Sept 24th  
Preliminary Entries [HERE](#) Final Entries [HERE](#)  
Itinerary [HERE](#) Job Signup [HERE](#)

#### [Oct 20th-21st-Senior Groups Retreat—](#)

Camp Cho Yeh-Lake Livingston

#### [Oct 21st-22nd-DADS Club Developmental Meet](#)

Opt OUT/IN by Oct 1 (Disc Adv & Sr 1 must opt IN to attend)  
Preliminary Entries [HERE](#) Final Entries [HERE](#)  
No Changes after 10/11 @ Noon

#### [Oct 22nd—Sharks Fall Open Water Extravaganza](#)

Lake Longhorn, **Opt IN** by Oct 6  
Preliminary Entries [HERE](#) Final Entries 10/16  
Job Signup [HERE](#)  
No Changes after 10/19

#### [Oct 26th-Halloween Glow Practice Swim Fit Groups](#)

Opt In by Oct 24

#### [Oct 27th-Halloween Glow Practice](#)

(competitive groups)  
Opt IN by Oct 23rd  
\$10 per swimmer to cover costs

#### [Oct 28th —Developmental Meet \(Swim Fit & Pre-Team groups\)](#)

\$10 per swimmer in Pre-Team  
Opt IN by October 16  
Preliminary Entries 10/17 Final Entries 10/20  
no changes after Oct 25th

#### [Nov 10th-12th-Sharks November Invite](#)

Opt OUT by Oct 22  
Preliminary Entries 10/24 Final Entries 10/31  
No Changes after 11/1 @ Noon

#### [Nov 25th—Shark Camp](#)

Discovery Pre & Advance & Exploratory groups paired with Big Shark swimmers from the Senior group. Opt IN by Nov 21

#### [Nov 30-Dec 3rd-Southern Senior Champs](#)

More info to come from Gulf

#### [Dec 1-Dec 3rd—Gulf Age Group Champs](#)

More info to come from Gulf

#### [Dec 8-10-Senior Champs](#)

More info to come from Gulf

#### [Dec 23-Gingerbread House Party](#)

Opt In by Dec 18

#### [Jan 12th—Noch Prelim/Finals Meet](#)

Preliminary Entries 12/26

## Swimmers of the Month: September—[HERE](#)

### FCST—Timing Signup—Opens as follows: [\(HERE\)](#)

One per family—Tuesday Oct 10th @ 7pm  
Unlimited per family—Wed Oct 11th @ 7pm  
Any open sign ups assigned Thu Oct 12th

### Cap Pickup—Available at FHS: [\(HERE\)](#)

Wednesday Oct 11th 4:45pm-7:15pm  
Thursday Oct 12th 4:45pm-7:15pm  
Volunteers needed—signup opens tonight @ 7pm. (Carol Tillman will bring the caps and they should be placed in the closet at end of shift and picked up from there at the beginning of shift). Caps MUST be signed for—if not on the sheet, swimmers can purchase additional plain latex or silicone caps. There must be a log/signature for ALL caps received.

### Open Water Meet—Job Signup: [HERE](#)

Opens Tuesday Oct 10th @ 7pm—1 per family  
Thu Oct 11th @ 7pm—unlimited per family

**Bay Area Houston Food Lovers Fundraiser Cards**—these will be available for purchase toward the end of this month! Cards will be \$25 each with \$5 of each card going toward your fundraising requirement—begin promoting to family and friends now and get pre-orders in!

### Billing/Admin

Please note: Updated email address for contacting Admin - [sharksswimclub@yahoo.com](mailto:sharksswimclub@yahoo.com) (please do not use hille6@yahoo.com anymore)  
Emails will be responded to next business day if after hours or on weekend

### Two Items that need to be addressed by all families:

1. **SMS/Cell Phone** If you have not already done so, add an SMS/Cell number to your account and verify it—be sure to add your cell phone carrier name.
2. **COVID Policy**—this is a new agreement that has been added by our board of directors. You will need to go to the agreements tab on your account to see the warning that an item is outstanding. You must read and agree to this as it is part of registration—This MUST be signed by Sept 15th (there is one for each swimmer)

**Sharks Swap & Sell Facebook Page**—New page to post, must be active members to join. You can list items for sale or swap. [HERE](#)

### Parent Reps for the 2023-2024 Season

Parent rep contacts for each group can be found [HERE](#)

### Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)  
Sharks Youtube channel [HERE](#)

Parent Rep Contacts by group: [HERE](#)

### Team Records:

[Short Course Yards](#)

[Long Course Meters](#)



## Qualifiers

### Age Group Champs

Lily Ainsworth, Deegan Butcher, Blake Carr, Keegan Carr, Tyler Ferraco, Leighton Haver, Caleb Livesay, Brielle McGonagle, Kivy Moore, Hannah Robbins

### Tags

Lily Ainsworth, Tyler Ferraco, Leighton Haver, Kivy Moore

### Southern Senior Zones

Tanner Antley, Morgan Carr, Macey Degroot, Olivia Esbeck, Lauren Ferguson, Natalie Goza, Dylan Haver, Leighton Haver, Tristan Haver, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Caleb Livesay, Abigail Lowman, Vanessa Marsh, Braylynn Moore, Ben Nendza, Hayden Nielsen, Eric Song, Cameron Sustala, Lauren Tillman, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

### Sectionals

Macey DeGroot, Tristan Haver, Edi Jakob, KK LeBlanc, Vanessa Marsh, Eric Song, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

### NCSA's

Macey DeGroot, KK LeBlanc, Gabi Volpe

### Futures

Macey DeGroot, KK LeBlanc

### Speedo Winter Junior Nationals

Macey DeGroot, KK LeBlanc

### Speedo Summer Junior Nationals

Macey DeGroot, KK LeBlanc