

Week of Sept 25th, 2023

Training Schedule (updates 9/25)

Sharks Pool Locations

Practice Changes This Week

Tue 9/25:

Stevenson:

Disc Adv 2: 4:45pm-5:445pm Disc Pre-Team 2: 5:45pm-6:30pm <u>Clear Springs:</u>

> Expl Adv 1: 5:00pm-6:30pm Expl Adv 2: 5:00pm-6:45pm Sr 2 & Sr 1 Combined: 6:30pm-8:15pm

Walker:

Sr Perf: 4:45pm-6:30pm Sr 3: 4:45pm-6:30pm Challenge: 6:15pm-8:00pm

Fri 9/29:

<u>Stevenson:</u>

Sr Perf: 4:45pm-6:45pm Sr 2: 5:45pm-7:30pm

FHS:

Expl Adv 1 (TIME CHANGE) 4:45pm-6:15pm Expl Adv 2 (TIME CHANGE) 6:00pm-8:00pm

Sat 9/30:

NO PRACTICE ANY GROUP DUE TO PENTATHLON

Mon 10/2:

<u>Springs:</u> Expl: 5:00pm-6:30pm Expl Adv 1: 5:00pm-6:30pm Sr 2 & Sr 1 (Combined) 6:30pm-8:15pm

Stevenson:

Disc. Adv 1: 4:45pm-5:45pm Disc Pre-Team 1: 5:45pm-6:30pm (Time change)

Walker:

Sr Perf: 4:45pm-6:30pm Sr 3: 4:45pm-6:30pm Challenge: 6:15pm-8:00pm Expl Adv 2: 6:15pm-8:00pm

Coaches Corner:

Coach Gordy (Levi's Lessons—Sr Performance) <u>HERE</u> Coach Kate's Comments (Sr 3 & Exploratory) <u>HERE</u> Coach Gordy's Wise Words (Senior 2) <u>HERE</u> Coach Rhys Pieces (Senior 1) <u>HERE</u> Coach Tim's Tidbits (Challenge & Exploratory Advance) <u>HERE</u> Coach Chris's Chronicles (Exploratory Advance 2) <u>HERE</u> Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) <u>HERE</u>

Upcoming Events

It's Great To Be A Shark!

Sept 30th-Sharks Pentathlon

Opt out by Sept 10th Preliminary Entries <u>HERE</u> Job Signup <u>HERE (</u>opens 7pm 9/12) Final Entries <u>HERE</u> Itinerary <u>HERE</u> Hospitality helps <u>HERE</u>

Oct 7–Age Group Retreat Day

Ropes Course for Expl Adv 1 & 2 & Challenge groups Opt IN by Sept 16th

Oct 13th-15th-FCST Meet

Opt OUT by Sept 24th Preliminary Entries <u>HERE</u> Final Entries 10/3 No changes after 10/4 @ Noon

Oct 20th-21st-Senior Groups Retreat— Camp Cho Yeh-Lake Livingston Opt IN by October 5th

Oct 21st-22nd-DADS Club Developmental

<u>Meet</u> Opt OUT/IN by Oct 1 (Disc Adv & Sr 1 must opt IN to attend) Preliminary Entries 10/3 Final Entries 10/10 No Changes after 10/11 @ Noon

Oct 22nd—Sharks Fall Open Water

Extravaganza Lake Longhorn, **Opt IN** by Oct 6 Preliminary Entries 10/9 Final Entries 10/16 No Changes after 10/19

Oct 27th-Halloween Glow Practice

Opt IN by Oct 23rd \$10 per swimmer to cover costs

<u>Oct 28th – Developmental Meet (Swim Fit &</u>

Pre-Team groups) \$10 per swimmer in Pre-Team Opt IN by October 20th no changes after Oct 25th

Nov 10th-12th-Sharks November Invite

Opt OUT by Oct 22 Preliminary Entries 10/24 Final Entries 10/31 No Changes after 11/1 @ Noon

Nov 25th–Shark Camp

Discovery Pre & Advance & Exploratory groups paired with Big Shark swimmers from the Senior group.

Jan 12th–Noch Prelim/Finals Meet

Preliminary Entries 12/26 Final Entries 1/2 No Changes after 1/3 @ noon **Sponsorship Campaign Update** - We are nearing the final weeks of our Sharks Sponsorship Campaign and have pledged donations totaling **\$14,605**. **This is 48% of our \$30,000 goal.** We still have a ways to go to meet our goal, but ten days left to achieve it. Donations are accepted at any time, but the last day for donor's logos to be included on the sponsorship materials is October 6th. Continue to encourage local businesses to donate and complete the sponsorship form by this date so we can show off their support.

Hospitality Helps Pentathlon—We are in need of 2 large coolers for the hospitality area—and donations to help cover the cost of meals etc for coaches and officials **HERE**

Inked Design Halloween Store—open through October 8th. All orders are paid through Inked. Inked will notify members when their order is ready for pick up from their location. **HERE**

Bay Area Houston Food Lovers Fundraiser Cards—these will be available for purchase toward the end of this month! More details to come!

Billing/Admin

Please note: Updated email address for contacting Admin -<u>sharksswimclub@yahoo.com</u> (please do not use hille6@yahoo.com anymore) Emails will be responded to next business day if after hours or on weekend

Two Items that need to be addressed by all families:

- 1. **SMS/Cell Phone** If you have not already done so, add an SMS/Cell number to your account and verify it—be sure to add your cell phone carrier name.
- 2. **COVID Policy**—this is a new agreement that has been added by our board of directors. You will need to go to the agreements tab on your account to see the warning that an item is outstanding. You must read and agree to this as it is part of registration—This MUST be signed by Sept 15th (there is one for each swimmer)

New to USA Swimming swimmers. you have received an email regarding registering your swimmer with USA Swimming, this MUST be completed by end of day tomorrow, 9/20 in order for your swimmer to continue attending practices.

Sharks Swap & Sell Facebook Page—New page to post, must be active members to join. You can list items for sale or swap. **HERE**

Parent Reps for the 2023-2024 Season Parent rep contacts for each group can be found <u>HERE</u>



Qualifiers

Age Group Champs

Lily Ainsworth, Deegan Butcher, Blake Carr, Keegan Carr, Tyler Ferraco, Leighton Haver, Caleb Livesay, Brielle McGonagle, Kivy Moore, Hannah Robbins

Tags

Lily Ainsworth, Tyler Ferraco, Leighton Haver, Kivy Moore

Southern Senior Zones

Tanner Antley, Morgan Carr, Macey Degroot, Olivia Esbeck, Lauren Ferguson, Natalie Goza, Dylan Haver, Leighton Haver, Tristan Haver, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Caleb Livesay, Abigail Lowman, Valeria Madrid, Vanessa Marsh, Braylynn Moore, Ben Nendza, Joe Nendza, Hayden Nielsen, Eric Song, Cameron Sustala, Lauren Tillman, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

Sectionals

Macey DeGroot, Tristan Haver, Edi Jakob, KK LeBlanc, Vanessa Marsh, Valeria Madrid, Eric Song, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

NCSA's Macey DeGroot, KK LeBlanc, Gabi Volpe

> **Futures** Macey DeGroot, KK LeBlanc

Speedo Winter Junior Nationals Macey DeGroot, KK LeBlanc

Speedo Summer Junior Nationals Macey DeGroot, KK LeBlanc

Sharks Social Media – Links to follow: Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>

Parent Rep_Contacts by group: <u>HERE</u> Team Records: <u>Short Course Yards</u> <u>Long Course Meters</u>