

SHARKS SWIMMERS OF THE MONTH - SEPTEMBER

- DISC PRE
 - Sami Bouaziz - he had high practice attendance. He worked hard in dryland, wearing the right shoes, and working hard. He was dressed and ready to go fast.
- DISC ADV
 - Rhea Salodkar - she was at practice the majority of the time. She is always willing to work in dryland and in the pool. She is willing to lead as an example.
- EXPL - Levi Godfrey & Neveah Lewin
- EXP ADV1
 - Liv Foley - September attendance was above 75% and had 5 out of 5 lifetime bests at the Pentathlon and was highlighted by a 15.82 second drop in the 50 Fly!
 - Mario Fiocca - September attendance was above 75% and had 5 out of 5 lifetime bests at the Pentathlon and was highlighted by a 5.86 second drop in the 50 Bk!
- EXP ADV2 - William Esbeck
 - His attendance for September was above 90%. He has become a leader for the group that was looking for a new leader and the other kids respect his leadership. He attended the Jim Richardson Clinic and he really expresses interest in being a better swimmer and teammate. He also is trying to teach Coach Chris how to play chess and that has been a challenge in itself. His results at the Pentathlon illustrated his hard work and commitment to swimming.
- CHALL
 - Tanner Goins - Excellent attendance for the month of September and had 5 out of 5 lifetime bests at the Pentathlon and was highlighted by a 6.13 second drop in the 100 IM!
 - Streeter Moore - Excellent attendance for the month of September and had 5 out of 5 lifetime bests at the Pentathlon and was highlighted by a 5.01 second drop in the 100 BRST!
- SR 1
 - Tres Johnson - the Pentathlon was his very first competitive meet. He tied for the highest attendance percentage for SR1 in the month of September. He has made major progress in all 4 of his strokes since joining SR1 after moving up from Swim Fit this past summer. Coach Rhys is super proud of him and knows he will continue to get even better!
- SR 2
 - Keegan Reeves - he went 5/5 for Lifetime bests at the Pentathlon which was highlighted by a 23.39 second drop in his 100 fly! He "only" dropped 22.23 seconds off of his 200 IM lifetime best! His attendance for September was 83% and when he's there he brings his best effort every practice. He is very motivated to move up to SR3!
 - Julia Rupp - she went 3 out of 5 Lifetime bests at the Pentathlon and the other 2 swims were faster than she went at the same meet last year. Her 200 IM was 8.16 seconds faster than her lifetime best! She is currently doing water polo for FHS and I'm still seeing her 2 to 3 times every week at Springs. Her practice effort and performance have been superb!
- SR 3 - Caleb Livesay
- SR PERF
 - Ben Nendza - Highest attendance of the group (95%)
 - Macey DeGroot - Best trainer for the month of September (ESPECIALLY IN KICKING!)
 - Martin Gomez - Outstanding performer at Pentathlon (5 out 5 Lifetime best times!)